

## SUNRIGDE VILLAGE 10KM - PORT ELIZABETH - 2019/05/11

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	101	1624	ANDILE	MOTWANA	NEDBANK	M	22	SM	0.30.58	5
2	361	385	ADRIAAN	GERWEL	IKHAMVA	M	23	SM	0.32.39	5
3	609	1836	XOLISA	NDLUMBINI	VUKANI	M	36	35-39M	0.32.46	5
4	327	919	KEEGAN	COOKE	CHARLO	M	22	SM	0.32.49	5
5	462	581	ERIC	SIGXASHE	YOUTH	M	40	40-44M	0.33.14	5
6	563	2792	TANDISILE	XOSHOBA	SAPPE	M	23	SM	0.33.31	5
7	842	9358	LUBABALO	MDLUNGWANE	IKHAMVA	M	28	SM	0.34.15	5
8	716	1620	ANELE	MALIZA	NEDBANK	M	41	40-44M	0.34.15	5
9	564	2797	SINATHI	MAFANGA	SAPPE	M	28	SM	0.34.38	5
10	562	2794	THANDO	NCIPHA	SAPPE	M	27	SM	0.34.45	5
11	715	1563	MELIKHAYA	KEPE	NEDBANK	M	42	40-44M	0.34.46	5
12	1153	1534	MILA	PASIYA	NEDBANK	M	39	35-39M	0.35.12	5
13	737	1149	ZOLILE	MHLAHOLO	ACH	M	44	40-44M	0.35.31	5
14	704	2776	MANDILAZHE	NEL	SAPPE	M	24	SM	0.35.47	5
15	588	1896	XOLANI	NTEYI	VUKANI	M	40	40-44M	0.35.48	5
16	558	2785	SANUSE	MBONENI	SAPPE	M	34	SM	0.35.53	5
17	886	857	APHLYN	TAAI	CHARLO	M	36	35-39M	0.36.03	5
18	488	3460	KOMBORERO	CHINGWINDZE	YOUTH	M	23	SM	0.36.37	4
19	161	8161	JEANDRY	DEERLING	TEMP	M	26	SM	0.36.40	0
20	525	1365	SITHEMBISO	YOZO	NEDBANK	M	55	55-59M	0.36.50	5
21	511	2653	SAZISO	PANGINDAWO	NMBMUN	M	37	35-39M	0.36.59	5
22	512	1613	TUMELO	MOCHELENYANE	NEDBANK	M	36	35-39M	0.37.22	4
23	557	2759	SIPHOSETHU	SCOUT	SAPPE	M	17	JM	0.37.37	4
24	687	9687	TRAVIS	MCGRATH	TEMP	M	24	SM	0.37.47	0
25	506	1354	PUMLANI	BANGANI	NEDBANK	M	45	45-49M	0.38.03	5
26	429	3416	DE-LEON	STRYDOM	SCHOOL	M	17	JM	0.38.04	3
27	417	3351	GERHARD	VENTER	SCHOOL	M	15	JM	0.38.13	3
28	597	1170	DESMOND	ZIBI	ACH	M	55	55-59M	0.38.15	5
29	535	3060	FREEK	DANIELS	TRANSNET	M	52	50-54M	0.38.19	5
30	702	1649	DARRELL	WICHT	MADIBA	M	55	55-59M	0.38.31	5
31	457	1406	AUGUST	ESAU	NEDBANK	M	48	45-49M	0.38.31	5
32	728	1722	FRANCISCO	VAN DEN BERG	GELVAN	M	42	40-44M	0.38.34	4
33	376	1691	HANNES	PELSER	MADIBA	M	36	35-39M	0.38.53	4
34	2366	1499	THEMBINKOSI	HAMBIYANI	NEDBANK	M	47	45-49M	0.39.13	5
35	319	930	LLEWELLYN	BARNARD	CHARLO	M	29	SM	0.39.19	3
36	459	1926	LUYANDA	NGESI	BLUEBAY	M	26	SM	0.39.32	3
37	446	3163	KELLY	VAN VLIET	UPANDRUN	F	31	SF	0.39.32	5
38	855	1429	DYLAN	MIGGELS	NEDBANK	M	16	JM	0.39.33	3
39	379	1941	KENNETH	MENZE	BLUEBAY	M	57	55-59M	0.39.36	5
40	647	9647	GRANT	MACGEOGHEGAN	TEMP	M	29	SM	0.39.48	0
41	561	1622	NDILEKA	MVAKWENDLU	NEDBANK	F	28	SF	0.39.53	5
42	415	1255	ERROL	WHITTAL	ELITEAC	M	43	40-44M	0.40.12	3
43	610	1898	AYANDA	FAKU	VUKANI	M	32	SM	0.40.29	3
44	144	1594	AMBESA	TOKWE	NEDBANK	M	16	JM	0.40.33	3
45	887	993	THEMBEKILE	MSIPA	CHARLO	M	44	40-44M	0.40.37	3
46	428	1254	WESSEL	WOLMARANS	ELITEAC	M	41	40-44M	0.40.47	3
47	461	219	MLUNGISELELI	MANYATI	CSEP	M	43	40-44M	0.40.56	3
48	364	1240	ANDRE	NEETHLING	ELITEAC	M	28	SM	0.41.00	3
49	463	643	SAMKELO	SINYONGO	ASPEN	M	37	35-39M	0.41.05	3
50	251	1238	RUDI	VAN TONDER	ELITEAC	M	46	45-49M	0.41.08	4
51	658	9658	BRENDON	JORDAAN	TEMP	M	29	SM	0.41.15	0
52	281	1048	Timothy	Hayward	BODYCON	M	19	SM	0.41.16	3
53	677	8677	TYRONE	KUNNEKE	TEMP	M	27	SM	0.41.16	0
54	107	207	KAYLA	NELL	RUN4C	F	24	SF	0.41.20	4
55	146	1473	RUAN	VAN NIEKERK	NEDBANK	M	17	JM	0.41.23	3
56	414	1191	ALAN	TAYLOR	ACH	M	61	60-64M	0.41.25	5
57	118	1931	MUSA	SENTI	BLUEBAY	M	26	SM	0.41.28	3
58	406	1665	NICO	SMITH	MADIBA	M	33	SM	0.41.31	3
59	180	8180	JEAN	KOEN	TEMP	M	24	SM	0.41.32	0
60	592	1401	MARTIN	JANSEN	NEDBANK	M	51	50-54M	0.41.33	5
61	175	8175	DWAYNE	KEMP	TEMP	M	42	40-44M	0.41.34	0
62	495	301	IAN	PATTERSON	MUIRITE	M	55	55-59M	0.41.37	5
63	590	1832	MZWANELE	NQOQO	VUKANI	M	41	40-44M	0.41.39	3
64	517	3055	SLULAMI	JACK	TRANSNET	M	43	40-44M	0.42.01	3
65	586	1386	NELSON	MGUBASI	NEDBANK	M	61	60-64M	0.42.04	5
66	801	889	ASANDA	ZAMISA	CHARLO	F	35	35-39F	0.42.08	4
67	467	1221	TERRAY	NEWCOMBE	ELITEAC	F	28	SF	0.42.11	3

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
68	714	51226	ELROY	MATTHEWS	MERCEDEZ	M	49	45-49M	0.42.13	0
69	545	2798	NDYEDO	QWAKANISA	SAPPE	M	32	SM	0.42.15	2
70	694	9694	WILLIAM	WILSON	TEMP	M	42	40-44M	0.42.24	0
71	651	9651	BRETT	STEYN	TEMP	M	23	SM	0.42.27	0
72	681	8681	KEANU	WELCH	TEMP	M	14	JM	0.42.32	0
73	91	454	THEMBINKOSI	MATIWANE	WALMER	M	26	SM	0.42.34	2
74	397	358	DAMIAN	SMITH	IKHAMVA	M	16	JM	0.42.35	2
75	755	543	LEONARDO	DE VILLIERS	RUN4C	M	53	50-54M	0.42.42	4
76	115	2900	PRINCE	PHILLIPS	BIGHOUSE	M	55	55-59M	0.42.42	5
77	131	2909	MBUYISELI	SITENGE	BIGHOUSE	M	40	40-44M	0.42.48	3
78	1152	1599	LUVUYO	STEPHEN	NEDBANK	M	49	45-49M	0.42.51	3
79	544	221	SAPHO	NKATA	CSEP	M	41	40-44M	0.43.06	3
80	701	1457	RICHARD	MAZUNGULA	NEDBANK	M	42	40-44M	0.43.14	3
81	475	1718	CHARLES	BAATJIES	GELVAN	M	62	60-64M	0.43.18	5
82	885	963	NELSON	VLAKBOK	CHARLO	M	54	50-54M	0.43.21	4
83	491	1194	CHRISTINE	CLAASEN	ACH	F	54	50-54F	0.43.23	5
84	394	1659	HANNES	ELS	MADIBA	M	69	65-69M	0.43.26	5
85	278	1681	GERRIT	FYVER	MADIBA	M	34	SM	0.43.28	2
86	878	1605	SIYABULELA	GIDANA	NEDBANK	M	32	SM	0.43.29	2
87	395	1252	CHAD	WEWERS	ELITEAC	M	25	SM	0.43.29	2
88	721	1008	MILES	HOLLINS	BODYCON	M	46	45-49M	0.43.30	3
89	441	1241	CLIVE	CLAASSENS	ELITEAC	M	35	35-39M	0.43.36	2
90	711	1841	MCEBISI	MPONDO	VUKANI	M	35	35-39M	0.43.38	2
91	262	3359	ANJA	WEBBER	CSEP	F	17	JF	0.43.39	3
92	344	826	FRANK	PIRON	CHARLO	M	55	55-59M	0.43.43	5
93	798	932	WAYNE	VENTER	CHARLO	M	50	50-54M	0.43.44	3
94	514	2488	ROBERT	JORDAAN	XCEL	M	52	50-54M	0.43.44	3
95	516	1709	STANTON	JACKSON	GELVAN	M	47	45-49M	0.43.52	3
96	712	2513	CHRISTIAN	DU PREEZ	XCEL	M	49	45-49M	0.43.53	3
97	725	1393	NZUZO	NOQEKWA	NEDBANK	M	41	40-44M	0.43.58	2
98	881	2899	MZWANDILE	YOKWE	BIGHOUSE	M	49	45-49M	0.44.02	3
99	500	2050	EDVIN	DONLEY	DESPATCH	M	41	40-44M	0.44.03	2
100	369	784	DERICK	BAMBER	CRUSADE	M	32	SM	0.44.04	2
101	580	551	RODGER	GYSMAN	RUN4C	M	45	45-49M	0.44.05	3
102	573	2483	CHESTER	BROOKS	XCEL	M	61	60-64M	0.44.10	5
103	655	9655	ZUKO	NTAPU	TEMP	M	26	SM	0.44.13	0
104	297	1552	LINDEN	NZEZA	NEDBANK	M	35	35-39M	0.44.18	2
105	733	2013	JUANITA	CLAASSEN	DESPATCH	F	30	SF	0.44.25	3
106	585	1323	ETIENNE	GERBER	VWAC	M	49	45-49M	0.44.29	3
107	228	8228	JORDAN	HARRINGTON	TEMP	M	22	SM	0.44.34	0
108	88	2892	THAMSANQA	MANGI	BIGHOUSE	M	34	SM	0.44.48	2
109	1033	9033	DAVID	GLOVER	TEMP	M	37	35-39M	0.44.53	0
110	756	288	WARREN	GRIFFITHS	MUIRITE	M	54	50-54M	0.44.54	3
111	542	2060	Johannes	Knoesen	DESPATCH	M	36	35-39M	0.44.57	2
112	740	1857	OLWETHU	DETSHA	VUKANI	M	24	SM	0.44.57	2
113	347	957	PIERRE	RENSHAW	CHARLO	M	45	45-49M	0.44.59	3
114	385	1501	CLIFFORD	HICKEN	NEDBANK	M	61	60-64M	0.45.06	5
115	883	386	LUTHANDO	NXANISA	IKHAMVA	F	26	SF	0.45.15	3
116	447	2641	THEMBA	GXABEKA	NMBMUN	M	44	40-44M	0.45.19	2
117	710	505	THIMABANTU	DOTWANA	PEAIR	M	42	40-44M	0.45.23	2
118	611	1032	JACOB	ABRAHAM	BODYCON	M	52	50-54M	0.45.24	3
119	111	2906	PATRICK	NOKWE	BIGHOUSE	M	57	55-59M	0.45.25	3
120	102	3324	MXOLISI	MTILI	BIGHOUSE	M	15	JM	0.45.29	2
121	703	1521	DALI	TSILI	NEDBANK	M	55	55-59M	0.45.30	3
122	523	190	MARIUS	FERREIRA	CSEP	M	50	50-54M	0.45.35	3
123	709	2230	LYLE	ROCKMAN	MADIBAZ	M	24	SM	0.45.38	2
124	277	2405	EDMUND	DRAKE	PROFILES	M	28	SM	0.45.40	2
125	890	1685	JACO	DE VILLIERS	MADIBA	M	38	35-39M	0.45.41	2
126	258	1353	TAWFEEQ	VYVER	NEDBANK	M	20	SM	0.45.43	2
127	440	3363	WEHAN	SMITH	SCHOOL	M	15	JM	0.45.45	2
128	605	8605	NADINE	SCHOEMAN	TEMP	F	21	SF	0.45.47	0
129	1013	9013	ESTEE	STANLEY	TEMP	F	34	SF	0.45.48	0
130	747	1253	MICHELLE	VAN DER WATT	ELITEAC	F	52	50-54F	0.45.51	5
131	831	844	CLINTON	SMITH	CHARLO	M	33	SM	0.45.57	2
132	164	8164	DEON	ENGELBRECHT	TEMP	M	51	50-54M	0.45.58	0
133	1032	9032	CHARL	PIENAAR	TEMP	M	36	35-39M	0.46.01	0
134	464	1608	EDDIE	EADES	NEDBANK	M	70	70+M	0.46.06	5
135	1022	9022	ANDISIWE	MATIWANE	TEMP	M	23	SM	0.46.10	0

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136	618	8618	BRYCE	ANGLES	TEMP	M	28	SM	0.46.11	0
137	407	1696	CHARL	MEISTRE	MADIBA	M	34	SM	0.46.21	2
138	959	1455	DAVERA	MAGSON	NEDBANK	F	44	40-44F	0.46.24	3
139	40	765	LESLIE	FERREIRA	CRUSADE	M	23	SM	0.46.28	2
140	422	1156	BRUCE	MCEWAN	ACH	M	65	65-69M	0.46.35	5
141	1020	9020	JOHANN	MALHERBE	TEMP	M	45	45-49M	0.46.37	0
142	366	1230	JOHANN	POSTMA	ELITEAC	M	54	50-54M	0.46.46	2
143	752	3034	LINDY	KREZMANN	32GI	F	42	40-44F	0.46.49	3
144	700	8700	KYLE	VERMOOTEN	TEMP	M	28	SM	0.47.01	0
145	252	1603	MORNE	VAN WYK	NEDBANK	M	49	45-49M	0.47.04	2
146	1001	9001	DOUGLAS	HAYES	TEMP	M	35	35-39M	0.47.05	0
147	654	9654	FREDERIK	VAN DER WESTHUIZEN	TEMP	M	25	SM	0.47.06	0
148	499	1580	BENEDICT	WILSON	NEDBANK	M	40	40-44M	0.47.14	2
149	754	749	ANDRE	BOTHMA	CRUSADE	M	50	50-54M	0.47.15	2
150	149	545	RUHAN	VAN RENSBURG	RUN4C	M	27	SM	0.47.20	2
151	537	561	DARRYL	CALVERT	RUN4C	M	43	40-44M	0.47.23	2
152	571	1467	CORNEL	GOUWS	NEDBANK	M	37	35-39M	0.47.26	2
153	123	1242	KORNE	PRETORIUS	ELITEAC	M	16	JM	0.47.28	2
154	224	8224	ROCHE	COMPAAN	TEMP	M	43	40-44M	0.47.36	0
155	387	1092	EDEN	GRUNDLINGH	ACH	M	29	SM	0.47.39	2
156	746	1247	HENRY	VAN DER WATT	ELITEAC	M	53	50-54M	0.47.39	2
157	484	1773	MAARTEN	OOSTHUIZEN	JBAYST	M	38	35-39M	0.47.43	2
158	629	9629	TRENT	JAGGERS	TEMP	M	30	SM	0.47.44	0
159	483	2773	VUYILE	BUDAZA	SAPPE	M	41	40-44M	0.47.45	2
160	643	9643	BRUCE	SAMUEL	TEMP	M	42	40-44M	0.47.47	0
161	359	2588	ZANDISILE	NGXONONO	TINARHA	M	45	45-49M	0.47.48	2
162	735	1827	NDABA	NDZOMBANE	VUKANI	M	59	55-59M	0.47.48	3
163	455	1198	MARC	RIEDER	ACH	M	44	40-44M	0.47.51	2
164	1042	51540	SIZIBULE	DIBELA	ESKOM	F	31	SF	0.47.52	0
165	396	1251	CLIVE	WEWERS	ELITEAC	M	58	55-59M	0.47.56	3
166	401	571	ARTHUR	WILLIAMS	RUN4C	M	56	55-59M	0.47.59	3
167	731	2015	Renier	Gouws	DESPATCH	M	31	SM	0.48.00	2
168	742	1413	STEPHEN	DU PREEZ	NEDBANK	M	33	SM	0.48.02	2
169	719	349	WERNER	GERBER	MUIRITE	M	51	50-54M	0.48.07	2
170	876	2196	GREGORY	PURCELL	MADIBAZ	M	28	SM	0.48.07	2
171	1051	9051	DEVON	MULLER	TEMP	M	35	35-39M	0.48.08	0
172	1047	9047	ALEX	RUYGROK	TEMP	M	33	SM	0.48.16	0
173	1151	1546	SIMON	MATEBESE	NEDBANK	M	56	55-59M	0.48.20	2
174	884	1861	SIVUYILE	QUSHEKA	VUKANI	M	38	35-39M	0.48.20	2
175	879	1419	THANDOLWETHU	NGQEZA	NEDBANK	M	32	SM	0.48.21	2
176	666	9666	DARREN	VAN VLIET	TEMP	M	35	35-39M	0.48.21	0
177	270	586	EMANUEL	BONGO	YOUTH	M	38	35-39M	0.48.26	2
178	294	2111	SAMSON	MGUNDA	DESPATCH	M	30	SM	0.48.27	2
179	1017	9017	JARYD	DAVIES	TEMP	M	27	SM	0.48.33	0
180	1019	3541	MELISSA	HAMILTON	SCHOOL	F	17	JF	0.48.33	2
181	139	1561	CILLIERS	SWART	NEDBANK	M	72	70+M	0.48.35	5
182	103	2904	SIPHO	NCANDANA	BIGHOUSE	M	62	60-64M	0.48.36	3
183	12	1904	RUDY	BUYS	BLUEBAY	M	42	40-44M	0.48.40	2
184	256	1351	DEON	VYVER	NEDBANK	M	52	50-54M	0.48.41	2
185	315	1672	JOHAN	WOLMARANS	MADIBA	M	46	45-49M	0.48.43	2
186	757	1481	MFUNDISO	LUVALO	NEDBANK	M	49	45-49M	0.48.44	2
187	531	2772	LAURENTIUS	ZEELIE	SAPPE	M	49	45-49M	0.48.45	2
188	507	1396	BUYELWA	KOBOKANA	NEDBANK	F	54	50-54F	0.48.46	4
189	631	9631	JUAN	SMIT	TEMP	M	26	SM	0.48.52	0
190	1025	9025	JACQUES	THERON	TEMP	M	24	SM	0.48.52	0
191	582	1952	VUSI	MSUTHWANA	BLUEBAY	M	47	45-49M	0.48.53	2
192	612	342	BRUCE	LE GRANGE	MUIRITE	M	26	SM	0.48.59	2
193	508	6508	ZOLILE	NGWANE	TEMP	M	34	SM	0.49.01	0
194	578	2061	DUANE	LERM	DESPATCH	M	48	45-49M	0.49.01	2
195	836	992	PETER	VENTER	CHARLO	M	38	35-39M	0.49.11	2
196	543	2028	CHRISTELLE	KNOESEN	DESPATCH	F	34	SF	0.49.14	2
197	504	206	BENNITUS	WELCH	CSEP	M	44	40-44M	0.49.16	2
198	1030	9030	LIZE-ANN	STEYN	TEMP	F	26	SF	0.49.19	0
199	141	1420	GRAEME	TING CHONG	NEDBANK	M	50	50-54M	0.49.20	2
200	142	2901	ERIC	TYOMBO	BIGHOUSE	M	55	55-59M	0.49.22	2
201	356	1494	WERNER	MEYER	NEDBANK	M	45	45-49M	0.49.29	2
202	179	8179	HERMAN	KOEN	TEMP	M	56	55-59M	0.49.34	0
203	1035	9035	MICHELLE	BARKER	TEMP	F	32	SF	0.49.34	0

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204	150	2274	CANDICE	VAN ROOYEN	MADIBAZ	F	22	SF	0.49.39	2
205	350	861	FRANCOIS	STRYDOM	CHARLO	M	28	SM	0.49.43	1
206	291	112	WAYNE	MARAIS	INFINITY	M	33	SM	0.49.44	1
207	680	8680	BHEKA	MSELEKU	TEMP	M	50	50-54M	0.49.45	0
208	386	2194	LEIGH	CALLAGHAN	NMMUMAD	F	24	SF	0.49.56	0
209	430	1022	IVO	MEYER	BODYCON	M	44	40-44M	0.50.04	2
210	264	195	RUAN	WELGEMOED	CSEP	M	24	SM	0.50.05	1
211	761	1872	ABELANG	MOSWEU	VUKANI	M	34	SM	0.50.07	1
212	398	547	JACQUES	LANGLEY	RUN4C	M	30	SM	0.50.08	1
213	148	1250	PETER	VAN RENSBURG	ELITEAC	M	60	60-64M	0.50.11	2
214	748	649	CINDY	MILLER	ASPEN	F	39	35-39F	0.50.14	2
215	675	9675	CHRIS	JOHNSON	TEMP	M	37	35-39M	0.50.14	0
216	31	453	BONGANI	FANISO	WALMER	M	28	SM	0.50.15	1
217	628	9628	NATALIE	VAN DER LINDE	TEMP	F	35	35-39F	0.50.19	0
218	94	2894	SERVICE	MBEWU	BIGHOUSE	M	55	55-59M	0.50.20	2
219	448	1148	PERCY	DALTON	ACH	M	70	70+M	0.50.21	4
220	138	2912	THAMSANQA	SULULU	BIGHOUSE	M	55	55-59M	0.50.21	2
221	584	1866	BABALWA	MELITAFA	VUKANI	F	38	35-39F	0.50.21	2
222	334	953	CYNTHIA	HEYNS	CHARLO	F	35	35-39F	0.50.22	2
223	805	970	MALCOLM	BLANDY	CHARLO	M	37	35-39M	0.50.23	1
224	829	855	GREGORY	ROSS	CHARLO	M	45	45-49M	0.50.25	2
225	802	946	DONOVAN	AUSTIN	CHARLO	M	39	35-39M	0.50.25	1
226	1021	9021	BRANDON	JACOBS	TEMP	M	29	SM	0.50.26	0
227	481	1714	ROLAND	DACE	GELVAN	M	64	60-64M	0.50.27	2
228	688	9688	REBECCA	GATANG'I	TEMP	F	33	SF	0.50.39	0
229	469	220	BENNIE	THYSSE	CSEP	M	61	60-64M	0.50.42	2
230	302	2929	DENVER	PETERSEN	TPTACEP	M	35	35-39M	0.50.46	1
231	738	1669	BASIL	MCLEAN	MADIBA	M	60	60-64M	0.50.46	2
232	848	2754	CRAIG	PETERSEN	SAPPE	M	45	45-49M	0.50.51	2
233	689	9689	JUSTIN	ONVLEE	TEMP	M	30	SM	0.50.55	0
234	1003	9003	RUSSELL	ROY	TEMP	M	32	SM	0.50.57	0
235	74	2905	THOKOZANI	KUMBACA	BIGHOUSE	M	37	35-39M	0.51.08	1
236	510	1342	DENZIL	KOOPMAN	INFINITY	M	48	45-49M	0.51.09	2
237	345	912	PETER	POHLMANN	CHARLO	M	55	55-59M	0.51.13	2
238	533	2062	DANIEL	PIETERSE	DESPATCH	M	56	55-59M	0.51.14	2
239	1053	9053	AFRIKA	MHLOPHE	TEMP	M	40	40-44M	0.51.15	0
240	591	374	NTOMBENTSHA	NAZO	IKHAMVA	F	35	35-39F	0.51.23	2
241	536	2238	MTETELELI	BIKO	MADIBAZ	M	27	SM	0.51.23	1
242	1015	9015	NADIA	JOOSTE	TEMP	F	32	SF	0.51.26	0
243	325	967	MIKE	BURGER	CHARLO	M	59	55-59M	0.51.26	2
244	667	9667	SHAUN	WHINNEY	TEMP	M	37	35-39M	0.51.28	0
245	814	952	CINDY	FORBES	CHARLO	F	41	40-44F	0.51.29	2
246	823	948	THOMAS	MARAIS	CHARLO	M	32	SM	0.51.33	1
247	1043	9043	JARED	PETZER	TEMP	M	33	SM	0.51.36	0
248	18	1334	GIORGIO	CRUSI	VWAC	M	53	50-54M	0.51.37	2
249	271	30370	ROBERT	BUTTON	OLDSELB	M	60	60-64M	0.51.38	0
250	267	1736	ELIZE	ADAMS	GELVAN	F	44	40-44F	0.51.43	2
251	868	1066	BRIAN	BARENDSE	ACH	M	52	50-54M	0.51.46	2
252	413	1246	DEWALT	VAN VUUREN	ELITEAC	M	37	35-39M	0.51.55	1
253	650	9650	CECIL	CUTTING	TEMP	M	37	35-39M	0.51.58	0
254	439	3577	SHEZELLE	VAN WYK	SCHOOL	F	14	JF	0.51.58	1
255	410	781	STEPHEN	BURGESS	CRUSADE	M	36	35-39M	0.51.59	1
256	820	911	JACOBUS	KOORTS	CHARLO	M	47	45-49M	0.52.03	1
257	2715	2896	TEMBINKOSI	DUNDU	BIGHOUSE	M	38	35-39M	0.52.09	1
258	403	558	BURNITA	STRYDOM	RUN4C	F	50	50-54F	0.52.09	2
259	402	1524	SAM	ERASMUS	NEDBANK	M	61	60-64M	0.52.11	2
260	348	934	HERMAN	SCHEEPERS	CHARLO	M	43	40-44M	0.52.11	1
261	595	1084	SIZINZO	KAMA	ACH	M	67	65-69M	0.52.12	2
262	528	2934	ANELE	KHOBO	TPTACEP	M	36	35-39M	0.52.13	1
263	306	1708	DEON	SMITH	GELVAN	M	51	50-54M	0.52.16	2
264	723	1394	SANDISWA	ADAMS	NEDBANK	F	34	SF	0.52.20	1
265	708	1114	GAIL	KLICHOWICZ	ACH	F	52	50-54F	0.52.23	2
266	130	1050	AMANDA	SHAW	BODYCON	F	54	50-54F	0.52.25	2
267	341	904	SAMANTHA	MUKHEIBIR	CHARLO	F	41	40-44F	0.52.29	2
268	1049	9049	BRADLEY	SMITH	TEMP	M	33	SM	0.52.30	0
269	635	9635	ARMAND	GOUWS	TEMP	M	23	SM	0.52.31	0
270	661	9661	GARETH	ANDERSON	TEMP	M	55	55-59M	0.52.33	0
271	431	1666	JUSTIN	LEESON	MADIBA	M	33	SM	0.52.35	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
272	276	1201	CHARL	DE LANGE	MADIBA	M	34	SM	0.52.45	1
273	230	8230	KEEGAN	JEPPESEN	TEMP	M	27	SM	0.52.46	0
274	20	622	YVETTE	DE VILLIERS	ASPEN	F	33	SF	0.52.47	1
275	411	1674	DU RAAN	BADENHORST	MADIBA	M	34	SM	0.52.48	1
276	753	1939	ANNELIZE	SHERGOLD-SMITH	BLUEBAY	F	38	35-39F	0.52.50	1
277	665	9665	BARRY	SERFONTEIN	TEMP	M	45	45-49M	0.52.55	0
278	328	871	RICHARD	DE ANDRADE	CHARLO	M	58	55-59M	0.53.00	2
279	825	931	ANDILE	NYOKA	CHARLO	M	46	45-49M	0.53.01	1
280	438	2020	SONJA	VAN WYK	DESPATCH	F	37	35-39F	0.53.02	1
281	249	8249	CHRISTOFF	GREEFF	TEMP	M	36	35-39M	0.53.03	0
282	762	506	LUVUYO	SMITH	PEAIR	M	30	SM	0.53.04	1
283	280	3026	MELANIE	GEYER	32GI	F	29	SF	0.53.06	1
284	532	2971	MELUMZI	NORUSHU	TPTACEP	M	50	50-54M	0.53.14	1
285	444	1085	ANDRE	VILJOEN	ACH	M	64	60-64M	0.53.14	2
286	729	222	VUYISILE	DELIWE	CSEP	M	43	40-44M	0.53.20	1
287	865	328	GEORGE	MEIRING	MUIRITE	M	62	60-64M	0.53.28	2
288	425	1483	MARIUS	SNYMAN	NEDBANK	M	54	50-54M	0.53.31	1
289	529	2215	WAYNE	MAC GEAR	MADIBAZ	M	55	55-59M	0.53.34	2
290	71	1937	IAN	KILLIAN	BLUEBAY	M	29	SM	0.53.35	1
291	521	2001	JESSICA	DE LANGE	DESPATCH	F	26	SF	0.53.40	1
292	78	1220	CLAUDETTE	LE ROUX	ELITEAC	F	34	SF	0.53.46	1
293	598	51239	JONATHAN	MORRISON	MERCEDEZ	M	44	40-44M	0.53.49	0
294	353	830	GERHARD	JANSE VAN RENSBURG	CHARLO	M	48	45-49M	0.53.53	1
295	622	8178	SPENCER	KNELL	TEMP	M	27	SM	0.53.58	0
296	734	475	DANIE	VAN RENSBURG	WALMER	M	57	55-59M	0.54.03	1
297	636	9636	ROBIN	STEYN	TEMP	M	47	45-49M	0.54.04	0
298	520	2085	JACOBUS	WYATT	DESPATCH	M	56	55-59M	0.54.05	1
299	853	2261	BERNARD	PETERSEN	MADIBAZ	M	53	50-54M	0.54.07	1
300	53	1716	DERICK	GOLIATH	GELVAN	M	55	55-59M	0.54.09	1
301	691	9691	MICHAEL	SMITH	TEMP	M	46	45-49M	0.54.10	0
302	1002	9002	WILLEM	REITZ	TEMP	M	32	SM	0.54.14	0
303	382	1284	DEAN	BOSMAN	VWAC	M	37	35-39M	0.54.15	1
304	124	791	LINZAY	QUIN	CRUSADE	F	29	SF	0.54.17	1
305	112	2753	SIMONE	OLCKERS	SAPPE	F	17	JF	0.54.20	1
306	1050	9050	MTHANDAZO	MAKAMISA	TEMP	M	29	SM	0.54.21	0
307	233	8233	JACKIE	NEL	TEMP	F	50	50-54F	0.54.22	0
308	476	1570	CHANTELLE	POTTS	NEDBANK	F	33	SF	0.54.26	1
309	181	8181	DARRYL	LONG	TEMP	M	41	40-44M	0.54.28	0
310	538	1526	GRIZELDA	PIETERSEN	NEDBANK	F	50	50-54F	0.54.29	2
311	807	869	RENIER	BOTHA	CHARLO	M	37	35-39M	0.54.36	1
312	803	978	LOUISE	AXON	CHARLO	F	40	40-44F	0.54.40	1
313	594	2395	GAVIN	KLINK	PROFILES	M	46	45-49M	0.54.41	1
314	567	105	JOSE	DOS SANTOS	INFINITY	M	54	50-54M	0.54.42	1
315	335	852	ANDREW	HIGGS	CHARLO	M	47	45-49M	0.54.50	1
316	486	1111	GRAHAM	CHANNON	ACH	M	69	65-69M	0.54.53	2
317	287	2384	VERNON	LANDMAN	PROFILES	M	44	40-44M	0.54.55	1
318	314	729	RUSSELL	WESTERMAN	CRUSADE	M	55	55-59M	0.54.58	1
319	617	8617	RYAN	VAN DER MESCHT	TEMP	M	38	35-39M	0.55.01	0
320	381	2924	MVULELI	MALAHLA	TPTACEP	M	45	45-49M	0.55.02	1
321	569	2036	LYDIA	POTGIETER	DESPATCH	F	44	40-44F	0.55.03	1
322	574	2021	BONITA	WEITSZ	DESPATCH	F	46	45-49F	0.55.04	1
323	11	1616	MARILYN	BULL	NEDBANK	F	41	40-44F	0.55.04	1
324	494	1015	MARK	HUPPELSCHOTEN	BODYCON	M	40	40-44M	0.55.05	1
325	839	899	A J	WILLIAMS	CHARLO	M	33	SM	0.55.06	1
326	174	8174	DIVAN	KEMP	TEMP	M	34	SM	0.55.06	0
327	745	456	TRACEY-LYNNE	HERMAN	WALMER	F	47	45-49F	0.55.09	1
328	202	8202	SANETTE	RYAN	TEMP	F	49	45-49F	0.55.13	0
329	235	8235	MEAGAN	PARKER	TEMP	F	22	SF	0.55.15	0
330	626	9626	JAMES	WILSON	TEMP	M	51	50-54M	0.55.16	0
331	625	9625	JOSEPH	POTBERG	TEMP	M	59	55-59M	0.55.16	0
332	339	896	GAVIN	MATTHEWS	CHARLO	M	43	40-44M	0.55.18	1
333	503	1236	STEPHEN	KLUE	ELITEAC	M	60	60-64M	0.55.19	1
334	308	1200	KYLE	STEVENS	ACH	M	31	SM	0.55.20	1
335	743	3325	CARMEN	VAN DER MERWE	DESPATCH	F	30	SF	0.55.22	1
336	288	2386	YOLANDIE	LANDMAN	PROFILES	F	43	40-44F	0.55.25	1
337	458	1144	KEN	BARWOOD	ACH	M	63	60-64M	0.55.26	1
338	812	913	LEE-ANNE	DU PREEZ	CHARLO	F	43	40-44F	0.55.30	1
339	623	8623	JEAN-PIERRE	NELSON	TEMP	M	35	35-39M	0.55.32	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
340	657	9657	REINHARDT	BOTHA	TEMP	M	24	SM	0.55.33	0
341	741	1901	CARLA	YORK	BLUEBAY	F	28	SF	0.55.34	1
342	795	941	CERI	TUSTIN	CHARLO	F	40	40-44F	0.55.35	1
343	310	1489	MARTIE	VAN SCHALKWYK	NEDBANK	F	54	50-54F	0.55.36	2
344	323	986	KIRSTY	BOSHOFF	CHARLO	F	40	40-44F	0.55.36	1
345	416	1119	TREMAINE	WESSON	ACH	M	58	55-59M	0.55.38	1
346	480	1299	MICHAEL	SLATER	VWAC	M	48	45-49M	0.55.42	1
347	268	225	JOHN	APPELS	CSEP	M	44	40-44M	0.55.44	1
348	384	3321	RENTIA	MEYER	JBAYST	F	59	55-59F	0.55.46	2
349	143	811	RUDI	VAN DEN BERG	CRUSADE	M	39	35-39M	0.55.48	1
350	634	9634	ARNO	GOUWS	TEMP	M	30	SM	0.55.48	0
351	390	1676	LAUREN	ALCOCK	MADIBA	F	18	JF	0.55.49	1
352	26	1196	SAMANTHA	DOUGLAS	ACH	F	31	SF	0.55.54	1
353	160	8160	YOLANDIE	DE LANGE	TEMP	F	33	SF	0.55.57	0
354	207	8207	HAIG	SMUTS	TEMP	M	25	SM	0.55.58	0
355	1016	9016	THABANG	MOATSHE	TEMP	M	29	SM	0.55.59	0
356	670	9671	CARYN	SMITH	TEMP	F	20	SF	0.56.05	0
357	662	9662	JADE	SNYMAN	TEMP	M	26	SM	0.56.07	0
358	223	8223	IAN	BEZUIDENHOUT	TEMP	M	34	SM	0.56.08	0
359	50	1214	BENITA	GERBER	ELITEAC	F	54	50-54F	0.56.08	1
360	92	1395	RUBERTO	MAY	NEDBANK	M	42	40-44M	0.56.09	1
361	482	1702	LEONARD	GROVES	GELVAN	M	55	55-59M	0.56.10	1
362	515	3328	VICTOR	VAN ZILJ	RUN4C	M	27	SM	0.56.11	1
363	197	8197	NIKOLAS	REGNART	TEMP	M	34	SM	0.56.13	0
364	211	8211	ELIZE	THOMPSON	TEMP	F	27	SF	0.56.14	0
365	3	1449	JOHAN	BARNARD	NEDBANK	M	64	60-64M	0.56.16	1
366	1034	9034	JONELLE	SULLIVAN	TEMP	F	39	35-39F	0.56.23	0
367	27	670	MORNE	DU PLESSIS	ASPEN	M	40	40-44M	0.56.31	1
368	460	353	BAFUMANE	NYANGA	IKHAMVA	M	58	55-59M	0.56.34	1
369	847	1739	DESIREE	TITUS	GELVAN	F	53	50-54F	0.56.36	1
370	380	1664	ADELE	SLABBERT	MADIBA	F	48	45-49F	0.56.39	1
371	4	3332	ALECHE	BARNARD	RUN4C	F	24	SF	0.56.40	1
372	600	2095	CHRISTINE	SNYMAN	DESPATCH	F	63	60-64F	0.56.41	2
373	589	497	MBULELO	SOBIKWA	WALMER	M	64	60-64M	0.56.42	1
374	326	903	KESVAL	CHETTY	CHARLO	M	54	50-54M	0.56.45	1
375	1014	9014	LIZANNE	PIETERSE	TEMP	F	32	SF	0.56.49	0
376	676	9676	JOHANN	VAN STADEN	TEMP	M	37	35-39M	0.56.52	0
377	93	1576	CHARMELLE	MAY	NEDBANK	F	38	35-39F	0.56.54	1
378	690	8690	NISHKAH	SWART	TEMP	F	25	SF	0.56.57	0
379	696	9696	AZEEZ	DAVIDS	TEMP	M	28	SM	0.56.58	0
380	824	991	JADE	MARDON	CHARLO	M	46	45-49M	0.56.59	1
381	307	1158	COLLEEN	STEVENS	ACH	F	55	55-59F	0.57.01	2
382	749	648	KELLY	HOLMES	ASPEN	F	42	40-44F	0.57.07	1
383	290	795	MARGARET	LLOYD	CRUSADE	F	55	55-59F	0.57.14	1
384	129	1975	MARICIA	SCHULPFORT	SOMEAST	F	32	SF	0.57.14	1
385	282	3560	SINETHEMBA	HELA	VUKANI	M	30	SM	0.57.15	1
386	426	2741	RICHARD	ZUNGU	SAPPE	M	52	50-54M	0.57.16	1
387	474	2071	MARIUS	WAGNER	DESPATCH	M	41	40-44M	0.57.16	1
388	16	100	LYNETTE	CRAUSE	INFINITY	F	59	55-59F	0.57.20	1
389	744	472	TYRELL	PETERSEN	WALMER	M	46	45-49M	0.57.21	1
390	242	8242	NICOLE	WESTERMAN	TEMP	F	22	SF	0.57.22	0
391	640	9640	RICHARD	MACLEAR	TEMP	M	43	40-44M	0.57.22	0
392	424	2526	SIMANGILE	SOLWANDLE	HOLLYWOO	F	27	SF	0.57.23	1
393	65	1336	LINDY	JONAS	VWAC	F	35	35-39F	0.57.24	1
394	1008	9008	LOUIS	PELSER	TEMP	M	23	SM	0.57.26	0
395	873	977	PADDY	HODGSON	CHARLO	M	56	55-59M	0.57.29	1
396	15	2916	ZOLA	COSA	BIGHOUSE	M	45	45-49M	0.57.33	1
397	61	1690	IRMA	INGRAM	MADIBA	F	53	50-54F	0.57.44	1
398	135	496	LYNETTE	SMUTS	WALMER	F	52	50-54F	0.57.46	1
399	389	1667	SUSAN	ALCOCK	MADIBA	F	53	50-54F	0.57.48	1
400	559	1466	AT	SCHOEMAN	NEDBANK	M	62	60-64M	0.57.49	1
401	819	969	GARY	KELLEHER	CHARLO	M	61	60-64M	0.57.52	1
402	799	990	KIM	VENTER	CHARLO	F	34	SF	0.57.53	1
403	337	886	KARIEN	KNOETZE	CHARLO	F	26	SF	0.57.56	1
404	1023	9023	VAUGHAM	GOWER	TEMP	M	38	35-39M	0.57.56	0
405	22	2779	HERMAN	DEKKER	SAPPE	M	74	70+M	0.57.57	1
406	217	8217	ODELIA	VENTER	TEMP	F	39	35-39F	0.57.58	0
407	613	223	SHARON	SMUTS	CSEP	F	53	50-54F	0.57.59	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
408	213	8213	LIEZL	VAN DER SCHYFF	TEMP	F	27	SF	0.58.00	0
409	1005	9005	BENLLOYD	RUTH	TEMP	M	39	35-39M	0.58.00	0
410	1024	9024	STUART	DURANDT	TEMP	M	35	35-39M	0.58.02	0
411	134	1051	VERONICA	SMITH	BODYCON	F	52	50-54F	0.58.03	1
412	854	35077	KHAYA	MTI	ABSA	M	39	35-39M	0.58.04	0
413	797	905	JANET	VAN NIEKERK	CHARLO	F	42	40-44F	0.58.05	1
414	478	2070	FANIE	CLAASSEN	DESPATCH	M	61	60-64M	0.58.06	1
415	526	2064	WERNER	CLAASSEN	DESPATCH	M	55	55-59M	0.58.07	1
416	147	566	TANIA	VAN NIEKERK	RUN4C	F	45	45-49F	0.58.07	1
417	470	2041	BIANCA	ROBERTS	DESPATCH	F	30	SF	0.58.09	1
418	465	1730	CYRIL	UITHALER	GELVAN	M	56	55-59M	0.58.10	1
419	87	1165	LESLEY	MAGGOTT	ACH	F	52	50-54F	0.58.10	1
420	346	854	NOLUVUYOLWETHU	QOKWENI	CHARLO	F	37	35-39F	0.58.12	1
421	843	712	SIMON	CLARK	CRUSADE	M	42	40-44M	0.58.13	1
422	806	949	AYANDA	BOTHA	CHARLO	M	40	40-44M	0.58.14	1
423	840	825	GEORGE	WINSHIP	CHARLO	M	53	50-54M	0.58.16	1
424	293	2093	EMELISA	MEIRING	DESPATCH	F	27	SF	0.58.20	1
425	168	8168	MISHALE	FUTCHER	TEMP	F	23	SF	0.58.20	0
426	241	8241	FRANCOIS	VAN SCHALKWYK	TEMP	M	31	SM	0.58.22	0
427	191	8191	SARAH	ONVLEE	TEMP	F	25	SF	0.58.22	0
428	452	1514	DAVID	O'REILLY	NEDBANK	M	71	70+M	0.58.29	1
429	518	1186	LINDA	HARWOOD	ACH	F	50	50-54F	0.58.31	1
430	451	1195	MARIETJIE	PIETERSEN	ACH	F	62	60-64F	0.58.42	1
431	568	115	LETA	DOS SANTOS	INFINITY	F	54	50-54F	0.58.50	1
432	727	2102	LIEZEL	GOUSSARD	DESPATCH	F	36	35-39F	0.58.51	1
433	726	2101	ABRÉ	GOUSSARD	DESPATCH	M	35	35-39M	0.58.52	1
434	717	2045	CLAUDEAN	VAN GREUNEN	DESPATCH	F	37	35-39F	0.58.53	1
435	540	812	CHARL	GRIESEL	CRUSADE	M	55	55-59M	0.58.53	1
436	60	337	JOHANNES	HERBST	MUIRITE	M	73	70+M	0.58.54	1
437	374	1283	PRISHEN	RYAN	VWAC	M	28	SM	0.58.56	1
438	751	457	THEO	HALGREEN	WALMER	M	49	45-49M	0.59.02	1
439	493	1787	KOBA	JOUBERT	JBAYST	F	54	50-54F	0.59.03	1
440	633	9633	DANIEL	DUTTON	TEMP	M	22	SM	0.59.07	0
441	45	1447	ANDRE	FOURIE	NEDBANK	M	72	70+M	0.59.08	1
442	303	798	ANGELA	ROGERS	CRUSADE	F	49	45-49F	0.59.09	1
443	373	2425	VENESH	ATHIMOOLAM	PROFILES	M	50	50-54M	0.59.10	1
444	383	1076	THOZAMA	MANTLAKA	VUKANI	F	32	SF	0.59.12	1
445	816	881	LISA	HEN-BOISEN	CHARLO	F	45	45-49F	0.59.13	1
446	332	996	HEIDRIN	GERBER	CHARLO	F	49	45-49F	0.59.17	1
447	392	1700	LEON	GROENEWALD	MADIBA	M	52	50-54M	0.59.18	1
448	730	2104	ADELE	JANSE VAN RENSBURG	DESPATCH	F	49	45-49F	0.59.19	1
449	184	8184	AMY	MALAN	TEMP	F	27	SF	0.59.19	0
450	892	8982	GERARD	EMMANUEL	TEMP	M	41	40-44M	0.59.26	0
451	32	580	BRIAM	FANTON	RUN4C	M	58	55-59M	0.59.27	1
452	338	928	ALLISTER	MARRAN	CHARLO	M	43	40-44M	0.59.38	1
453	685	6864	MZUKISI	BOTLANI	TEMP	M	40	40-44M	0.59.39	0
454	116	1332	WADE	PIEDT	VWAC	M	43	40-44M	0.59.42	1
455	125	1421	ANNELINE	RAUTENBACH	NEDBANK	F	51	50-54F	0.59.43	1
456	1012	9012	SALLY	VAN DER BYL	TEMP	F	32	SF	0.59.44	0
457	279	1680	HELENA	FYVER	MADIBA	F	34	SF	0.59.44	1
458	408	1687	JAN	LE ROUX	MADIBA	M	30	SM	0.59.45	1
459	54	3179	LIZETTE	GOUWS	UPANDRUN	F	47	45-49F	0.59.46	1
460	324	882	ARMIN	BRANDLE	CHARLO	M	67	65-69M	0.59.46	1
461	891	605	XHANDI	MANTSHIYO	MOTHER	M	51	50-54M	0.59.48	1
462	566	645	MONDE	NCOYO	ASPEN	M	62	60-64M	0.59.50	1
463	758	1384	NOYISE	LUVALO	NEDBANK	F	39	35-39F	0.59.51	1
464	203	8203	DESTIN	SAWER	TEMP	M	38	35-39M	0.59.52	0
465	68	1304	CLINT	JONAS	VWAC	M	32	SM	0.59.53	1
466	352	307	DENVER	HUME	MUIRITE	M	41	40-44M	0.59.54	1
467	893	1337	SIYABULELA	MTEMBU	VWAC	M	32	SM	0.59.55	1
468	1	1258	CATHY	ALLERS	ELITEAC	F	57	55-59F	0.59.56	1
469	64	1136	CATHY	IVES	ACH	F	66	65-69F	0.59.58	1
470	565	95	ZELDA	KRIGE	INFINITY	F	58	55-59F	0.59.59	1
471	485	1797	JANENE	OOSTHUIZEN	JBAYST	F	40	40-44F	1.00.04	1
472	216	8216	GERT	VENTER	TEMP	M	48	45-49M	1.00.05	0
473	630	9630	LIESL	VAN NIEKERK	TEMP	F	28	SF	1.00.06	0
474	632	9632	STEVEN	HANSEL	TEMP	M	27	SM	1.00.06	0
475	492	1786	BEN	JOUBERT	JBAYST	M	54	50-54M	1.00.07	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
476	522	1260	MIEMSIE	SWANEPOEL	ELITEAC	F	57	55-59F	1.00.07	1
477	37	1930	XENOPHON	FERREIRA	BLUEBAY	M	57	55-59M	1.00.09	1
478	739	1670	HELEN	MCLEAN	MADIBA	F	58	55-59F	1.00.21	1
479	81	642	DIVAN	LOUBSER	ASPEN	M	36	35-39M	1.00.21	1
480	718	2042	ARUSHKE	HAEFELE	DESPATCH	F	39	35-39F	1.00.35	1
481	17	87	TILLY	CROSBIE	INFINITY	F	51	50-54F	1.00.35	1
482	498	1135	MOF	BOTHA	ACH	M	63	60-64M	1.00.44	1
483	656	9656	NANETTE	BOTHA	TEMP	F	51	50-54F	1.00.46	0
484	427	428	NTOMBIZINE	MTANDA	COEGA	F	42	40-44F	1.00.47	1
485	351	335	KAREN	HUME	MUIRITE	F	40	40-44F	1.00.49	1
486	342	974	PAULA	PEARCE	CHARLO	F	50	50-54F	1.00.49	1
487	372	3214	LEZELLE	HALL	ELITEAC	F	36	35-39F	1.00.50	1
488	349	838	CATHERINE	STARK	CHARLO	F	28	SF	1.00.52	1
489	371	29	WILLIAM	VORSTER	PEAAC	M	72	70+M	1.00.54	1
490	269	1151	LIZ	AUSTIN	ACH	F	60	60-64F	1.01.01	1
491	620	8620	NATALIE	SMITH	TEMP	F	34	SF	1.01.03	0
492	619	8619	MANDY	PETERS	TEMP	F	49	45-49F	1.01.04	0
493	329	945	SHELLEY	DONALDSON	CHARLO	F	43	40-44F	1.01.05	1
494	320	827	ROWAN	BENTLEY	CHARLO	M	58	55-59M	1.01.05	1
495	466	1231	HELENE	OPPEL	ELITEAC	F	69	65-69F	1.01.11	1
496	472	2092	VERONICA	BOSHOFF	DESPATCH	F	58	55-59F	1.01.20	1
497	432	3027	MICHAEL	FOWLER	32GI	M	53	50-54M	1.01.21	1
498	1018	9018	QUINTIN	SCHUTTE	TEMP	M	36	35-39M	1.01.28	0
499	283	3335	SHARON	HERMAANS	RUN4C	F	41	40-44F	1.01.30	1
500	505	856	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	56	55-59M	1.01.32	1
501	421	1388	JAN	GERBER	NEDBANK	M	42	40-44M	1.01.36	1
502	298	2643	MOLEBOGENG	OLIPHANT	NMBMUN	F	44	40-44F	1.01.37	1
503	695	9695	LISA	RANDALL	TEMP	F	39	35-39F	1.01.40	0
504	541	1078	PETER	BASHELA	GELVAN	M	66	65-69M	1.01.40	1
505	128	2493	YUSUF	SAMUELS	XCEL	M	60	60-64M	1.01.42	1
506	188	8188	MELANIE	NELL	TEMP	F	36	35-39F	1.01.46	0
507	333	951	JACKIE	GROBLER	CHARLO	F	43	40-44F	1.01.53	1
508	75	1924	MARKUS	KUNNEKE	BLUEBAY	M	49	45-49M	1.01.54	1
509	871	1867	MSUTUKAZI	MKUNQWANA	VUKANI	F	39	35-39F	1.01.54	1
510	736	2054	MELISSA	BERG	DESPATCH	F	49	45-49F	1.01.55	1
511	409	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	46	45-49M	1.01.55	1
512	206	8206	CARMIA	SMUTS	TEMP	F	23	SF	1.01.56	0
513	849	97	INA	MEAKER	INFINITY	F	57	55-59F	1.01.56	1
514	1039	9039	WADE	ROESTORFF	TEMP	M	28	SM	1.01.57	0
515	1027	9027	CAREL	VAN DYK	TEMP	M	31	SM	1.02.00	0
516	226	8226	MAGDELENA	FERREIRA	TEMP	F	30	SF	1.02.01	0
517	449	956	NEELES	BHANA	CHARLO	M	48	45-49M	1.02.02	1
518	6	52110	FELICITY	BENYA	MUTUAL	F	32	SF	1.02.03	0
519	48	1571	DORIS	GERBER	NEDBANK	F	48	45-49F	1.02.04	1
520	679	8679	BRIGGETTA	MEY	TEMP	F	42	40-44F	1.02.04	0
521	245	8245	ELIZABETH	WILKE	TEMP	F	45	45-49F	1.02.11	0
522	870	3218	MAWOMGA	BANGELA	SAPPE	M	30	SM	1.02.14	1
523	363	1001	GARY	GEYER	BODYCON	M	56	55-59M	1.02.16	1
524	671	9671	FRANCOIS	SMIT	TEMP	M	59	55-59M	1.02.17	0
525	289	1269	SIMON	LELAKA	VWAC	M	46	45-49M	1.02.18	1
526	362	1375	BARRY	NELSON	NEDBANK	M	67	65-69M	1.02.21	1
527	713	1339	LEZELL	HARRIS	VWAC	F	45	45-49F	1.02.23	1
528	73	1239	YOLANDE	KNOETZE	ELITEAC	F	51	50-54F	1.02.24	1
529	576	1725	PEARL	DAMONS	GELVAN	F	55	55-59F	1.02.28	1
530	1037	9037	MEGON	STRYDOM	TEMP	F	23	SF	1.02.32	0
531	194	8194	PIETER	PIETERSE	TEMP	M	28	SM	1.02.35	0
532	1007	9007	VANESSA	JOUBERT	TEMP	F	40	40-44F	1.02.37	0
533	229	8229	ANDREA	HAYWARD	TEMP	F	50	50-54F	1.02.37	0
534	34	1256	DANIEL	FERREIRA	ELITEAC	M	60	60-64M	1.02.40	1
535	72	1932	ALICIA	KILLIAN	BLUEBAY	F	25	SF	1.02.44	1
536	370	2926	THEOPHILUS	MBANGU	TPTACEP	M	53	50-54M	1.02.47	1
537	845	1895	KOLEKILE	JAFTA	VUKANI	M	36	35-39M	1.02.51	1
538	82	1541	LYNN	LOYSON	NEDBANK	F	49	45-49F	1.02.52	1
539	436	3188	CHARLENE	LANGLEY	UPANDRUN	F	37	35-39F	1.02.53	1
540	818	971	LLEWELLYN	IRELAND	CHARLO	M	31	SM	1.03.06	1
541	365	1217	NADIA	JANSE VAN RENSBURG	ELITEAC	F	30	SF	1.03.06	1
542	864	1228	ERIC	BOSCH	ELITEAC	M	38	35-39M	1.03.07	1
543	340	982	MICHAEL	MCCLELAND	CHARLO	M	32	SM	1.03.08	1



POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
544	821	915	WILLI	LAWSON	CHARLO	M	66	65-69M	1.03.08	1
545	674	8674	KHAYA	PANZISO	TEMP	M	39	35-39M	1.03.10	0
546	110	1548	THANDI	NKWANDLA	NEDBANK	F	54	50-54F	1.03.18	1
547	106	914	LISTIA	NEL	CHARLO	F	44	40-44F	1.03.19	1
548	889	2499	FRANCOIS	PETERSE	XCEL	M	53	50-54M	1.03.19	1
549	378	1929	LIZELLE	NOTLEY	BLUEBAY	F	36	35-39F	1.03.20	1
550	377	1205	SUNE	POTGIETER	MADIBA	F	37	35-39F	1.03.21	1
551	132	470	JUAN	SLABBERT	WALMER	M	34	SM	1.03.21	1
552	627	9627	STEFAN	VAN DER LINDE	TEMP	M	36	35-39M	1.03.23	0
553	312	3031	INA	VAN WYK	32GI	F	32	SF	1.03.32	1
554	274	1126	TOM	D'ARCY	ACH	M	73	70+M	1.03.34	1
555	423	465	HELMUT	TERBLANS	WALMER	M	54	50-54M	1.03.35	1
556	318	50602	NKULULEKO	MOLOSI	BOLOTWA	M	40	40-44M	1.03.48	0
557	221	8221	IVOR	WINDVOGEL	TEMP	M	50	50-54M	1.03.51	0
558	646	9646	WANDA	ELS	TEMP	F	44	40-44F	1.03.53	0
559	621	8621	NICO	CLAASSEN	TEMP	M	45	45-49M	1.03.54	0
560	608	1327	MARIUS	BESTER	VWAC	M	48	45-49M	1.03.59	1
561	400	1463	RONELLE	STEYN	NEDBANK	F	75	70+F	1.04.10	1
562	80	552	BERNADETTE	LOOCK	RUN4C	F	39	35-39F	1.04.18	1
563	85	1903	JACKI	LYLE	BLUEBAY	F	38	35-39F	1.04.20	1
564	25	1263	YOLANDA	DEYSEL	ELITEAC	F	43	40-44F	1.04.29	1
565	509	2063	MADELEIN	CLAASSEN	DESPATCH	F	51	50-54F	1.04.30	1
566	722	2058	RONNIE	JONKER	DESPATCH	M	49	45-49M	1.04.32	1
567	810	866	RENE	CRONJE	CHARLO	F	27	SF	1.04.32	1
568	433	3011	LIEZL	DE LANGE	32GI	F	32	SF	1.04.40	1
569	152	8152	HISHAAN	BHANA	TEMP	M	22	SM	1.04.46	0
570	8	2415	JESSICA	BOGGENPOEL	PROFILES	F	28	SF	1.04.48	1
571	435	422	KOLISILE	MBETE	COEGA	M	41	40-44M	1.04.52	1
572	190	8190	JOSUA	NIEWENHUIS	TEMP	M	17	JM	1.04.54	0
573	827	884	KRISH	PILLAY	CHARLO	M	57	55-59M	1.04.55	1
574	299	1668	LYDIA	OLIVER	MADIBA	F	51	50-54F	1.04.56	1
575	834	879	SHELBY	VAN ROOYEN	CHARLO	F	22	SF	1.05.05	1
576	196	8196	ALEXANDRA	PRESTON	TEMP	F	34	SF	1.05.10	0
577	7	111	LEA	BEZUIDENHOUT	INFINITY	F	70	70+F	1.05.16	1
578	645	9645	TENNILLE	VAN JAARSVELDT	TEMP	F	33	SF	1.05.17	0
579	705	1185	CAROL-ANNE	CASH	ACH	F	48	45-49F	1.05.29	1
580	706	1140	KATIE	JAMNECK	ACH	F	30	SF	1.05.30	1
581	642	9642	CHERYL	HENDRICKS	TEMP	F	53	50-54F	1.05.31	0
582	684	6864	SARAH	SHAND	TEMP	F	32	SF	1.05.33	0
583	1054	9054	MONDE	NOGAGA	TEMP	M	41	40-44M	1.05.36	0
584	79	1731	GERALDINE	LEO	GELVAN	F	61	60-64F	1.05.39	1
585	808	874	WAYNE	CHERRY	CHARLO	M	47	45-49M	1.05.40	1
586	606	8606	NICOLE	DESCHAMPS	TEMP	F	31	SF	1.05.47	0
587	846	1723	REHANA	DE MAINE	GELVAN	F	52	50-54F	1.05.50	1
588	250	8250	CORLIA	KRUGER	TEMP	F	24	SF	1.05.52	0
589	1009	9009	ERIANCA	DU PREEZ	TEMP	F	24	SF	1.06.06	0
590	33	579	JANET	FANTON	RUN4C	F	56	55-59F	1.06.08	1
591	519	3071	EUNICE	KEFILE	TRANSNET	F	44	40-44F	1.06.10	1
592	205	8205	CHRISTELLE	SLABBERT	TEMP	F	47	45-49F	1.06.17	0
593	218	8218	JANINE	VILJOEN	TEMP	F	49	45-49F	1.06.17	0
594	273	542	TANIA	COWLEY	RUN4C	F	52	50-54F	1.06.22	1
595	43	200	ERIKA	FOREMAN	CSEP	F	48	45-49F	1.06.23	1
596	616	8616	TANYA	NORRIS	TEMP	F	34	SF	1.06.24	0
597	575	1818	JASMINE	JACK	GELVAN	F	47	45-49F	1.06.27	1
598	699	9699	CHRISTOPHER	PLAATJIES	TEMP	M	58	55-59M	1.06.28	0
599	672	9672	YOLANDA	SIDWABA	TEMP	F	28	SF	1.06.28	0
600	607	8607	CHANTELL	VAN BAALLEN	TEMP	F	43	40-44F	1.06.29	0
601	420	3036	JENNY	VAN DER WALT	32gi	F	36	35-39F	1.06.30	1
602	300	1595	BAREND	OLIVIER	NEDBANK	M	53	50-54M	1.06.33	1
603	77	196	AUBREY	LE ROUX	CSEP	M	66	65-69M	1.06.34	1
604	841	824	ZININZI POPPY	ZANGQA	CHARLO	F	28	SF	1.06.43	1
605	833	917	VICKY	TSOUKNIDAS	CHARLO	F	41	40-44F	1.06.45	1
606	1031	9031	ELSABE	JANSE VAN RENSBURG	TEMP	F	37	35-39F	1.06.48	0
607	145	829	JOHLI	VAN EEDEN	CHARLO	F	50	50-54F	1.06.58	1
608	127	1578	MEAGAN	ROUSSEAU	NEDBANK	F	43	40-44F	1.07.03	1
609	601	8601	KARIEN	JOUBERT	TEMP	F	31	SF	1.07.09	0
610	69	786	ALETTA	JOUBERT	CRUSADE	F	57	55-59F	1.07.10	1
611	187	8187	LISA	MATTHEWS	TEMP	F	28	SF	1.07.12	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
612	156	8156	RUDI	BURGER	TEMP	M	28	SM	1.07.13	0
613	14	823	MARGARETHA	CALITZ	CHARLO	F	36	35-39F	1.07.25	1
614	856	553	CHARLENE	RADEMEYER	RUN4C	F	37	35-39F	1.07.26	1
615	254	3076	THEMBISILE	VETSHEZA	TRANSNET	F	39	35-39F	1.07.28	1
616	246	8246	BRIAN	HAUPT	TEMP	M	62	60-64M	1.07.30	0
617	90	1407	BUKEKA	MATINISE	NEDBANK	F	46	45-49F	1.07.31	1
618	479	1399	NIKIWE	YOYO	NEDBANK	F	46	45-49F	1.07.33	1
619	67	1338	ALEX	JONAS	VWAC	F	58	55-59F	1.07.33	1
620	1006	9006	CLAUDIA	SCHABERG	TEMP	F	20	SF	1.07.34	0
621	170	8170	DAVID	HARRIS	TEMP	M	37	35-39M	1.07.37	0
622	140	94	DENISE	TERBLANCHE	INFINITY	F	71	70+F	1.07.37	1
623	468	1233	CHRISTINE	FOURIE	ELITEAC	F	72	70+F	1.07.37	1
624	497	1920	CHRISTA	MEUWESEN	BLUEBAY	F	52	50-54F	1.07.38	1
625	173	8173	PAULA	KAPP	TEMP	F	45	45-49F	1.07.39	0
626	243	8243	LOUISE	WESTERMAN	TEMP	F	55	55-59F	1.07.41	0
627	253	724	ALLAN	VERREYNNE	CRUSADE	M	72	70+M	1.07.44	1
628	219	8219	LYLE	WEBSTER	TEMP	M	39	35-39M	1.07.44	0
629	686	9686	BOTHA	VAN ZYL	TEMP	M	23	SM	1.07.45	0
630	858	650	MARK	ROSS	ASPEN	M	54	50-54M	1.07.50	1
631	227	8227	JONATHAN	FISHER	TEMP	M	29	SM	1.07.52	0
632	343	901	EUSENTHA	PILLAY	CHARLO	F	53	50-54F	1.07.58	1
633	750	1697	LUETTE	NEL	MADIBA	F	41	40-44F	1.07.59	1
634	724	2258	ROGER	MULLER	MADIBAZ	M	45	45-49M	1.08.04	1
635	624	9624	CHRISTOPHER	PRINCE	TEMP	M	49	45-49M	1.08.05	0
636	1036	9036	SOBUKWE	RADEBE	TEMP	M	42	40-44M	1.08.07	0
637	83	2895	KUHLE	LUBAMBO	BIGHOUSE	F	16	JF	1.08.11	1
638	208	8208	JENNY	SPICER	TEMP	F	46	45-49F	1.08.13	0
639	222	8222	MARIE	BEST	TEMP	F	57	55-59F	1.08.13	0
640	863	3333	JESSICA	VAN DER MERWE	RUN4C	F	28	SF	1.08.15	1
641	305	103	CARINA	SCHEEPERS	INFINITY	F	26	SF	1.08.18	1
642	86	1072	THOBEKA	MABUSELA	VUKANI	F	57	55-59F	1.08.19	1
643	442	99	MARIUS	WOLMARANS	INFINITY	M	61	60-64M	1.08.22	1
644	393	1632	JOS	ELS	MADIBA	F	67	65-69F	1.08.39	1
645	99	560	MARCELLE	MEYER	RUN4C	M	48	45-49M	1.08.40	1
646	794	850	RYAN	TRUELOVE	CHARLO	M	39	35-39M	1.08.45	1
647	660	9660	MAGRIET	VAN WYK	TEMP	F	59	55-59F	1.08.50	0
648	539	1500	JAN	LE ROUX	NEDBANK	M	59	55-59M	1.08.50	1
649	496	1122	BOB	STEDMAN	ACH	M	69	65-69M	1.08.53	1
650	114	2326	LIANE	PETZER	MADIBAZ	F	50	50-54F	1.08.54	1
651	200	8200	KELLY	ROSE	TEMP	F	40	40-44F	1.09.00	0
652	19	761	NTOKOZO	DAMBUZA	CRUSADE	F	40	40-44F	1.09.04	1
653	260	2346	SASKIA	WAIT	MADIBAZ	F	17	JF	1.09.06	1
654	296	753	PLACXEDES	NDHLOVU	CRUSADE	F	44	40-44F	1.09.09	1
655	113	1967	SONJA	OLIVIER	BLUEBAY	F	51	50-54F	1.09.20	1
656	39	1969	NICK	FERREIRA	BLUEBAY	M	68	65-69M	1.09.22	1
657	313	759	ODETTE	VOSLOO	CRUSADE	F	59	55-59F	1.09.23	1
658	530	2733	TANIA	ZEELIE	SAPPE	F	43	40-44F	1.09.27	1
659	698	9698	MELONY	PLAATJIES	TEMP	F	33	SF	1.09.28	0
660	183	8183	ANGELA	MAIOLA	TEMP	F	42	40-44F	1.09.31	0
661	502	2007	ANDILE	NOGAYA	TRANSNET	M	37	35-39M	1.09.36	1
662	275	468	IRMA	DE JAGER	WALMER	F	58	55-59F	1.09.38	1
663	2	51550	GILES	ALEXANDER	ESKOM	M	46	45-49M	1.09.44	0
664	477	2047	VERNA	CLAASSEN	DESPATCH	F	56	55-59F	1.10.06	1
665	404	2408	CHRIS	VILJOEN	PROFILES	M	71	70+M	1.10.10	1
666	44	1446	HELEN	FOURIE	NEDBANK	F	49	45-49F	1.10.29	1
667	108	562	JUDITH	NIENABER	RUN4C	F	59	55-59F	1.10.34	1
668	1011	9011	JEROME	VAN TONDER	TEMP	M	36	35-39M	1.10.53	0
669	862	3334	VINETTE	DE KLERK	RUN4C	F	27	SF	1.10.57	1
670	13	624	BANDLAKAZI	CABA	ASPEN	F	31	SF	1.10.59	1
671	1041	9041	LITTIE-JOE	CLASSEN	TEMP	M	47	45-49M	1.10.59	0
672	683	8683	TATUM	SHAND	TEMP	F	23	SF	1.11.05	0
673	292	1359	NOLOYISO	MATOTO	NEDBANK	F	43	40-44F	1.11.08	1
674	1055	9055	SANDISWE	JONAS	TEMP	F	34	SF	1.11.30	0
675	193	8193	CHANTELL	PIETERSE	TEMP	F	27	SF	1.11.31	0
676	1044	9044	JOHANNA	BROWN	TEMP	F	57	55-59F	1.11.35	0
677	1045	9045	MCIHAEL	BROWN	TEMP	M	63	60-64M	1.11.36	0
678	850	1658	RUAN	BROWN	MADIBA	M	30	SM	1.11.36	1
679	641	9641	NOLIKHANYO	MADLINGOZI	TEMP	F	26	SF	1.11.37	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
680	35	1486	JOHAN	FERREIRA	NEDBANK	M	57	55-59M	1.11.38	1
681	55	1285	SONIA	HAMBRIDGE	VWAC	F	52	50-54F	1.11.40	1
682	97	1476	NTOMBIZINE	MEKUTO	NEDBANK	F	49	45-49F	1.11.42	1
683	357	2596	BUYISWA	NGXONONO	TINARHA	F	42	40-44F	1.11.43	1
684	266	15037	LUCEALLE	GOLIATH	MTNAC	F	32	SF	1.11.43	0
685	652	9652	LEESLE	WYNFORD	TEMP	F	46	45-49F	1.11.44	0
686	593	1296	JO-ANNE	ALLIE	VWAC	F	55	55-59F	1.11.50	1
687	38	1660	GLENYS	FERREIRA	MADIBA	F	67	65-69F	1.11.51	1
688	105	656	DUNCAN	NEL	ASPEN	M	26	SM	1.11.52	1
689	513	3072	SIZIWE	KOSI	TRANSNET	F	39	35-39F	1.11.55	1
690	136	3574	PAPAMA	SONANDI	BIGHOUSE	F	28	SF	1.12.01	1
691	639	9639	SHAHIDA	OLIVIER	TEMP	F	45	45-49F	1.12.02	0
692	120	1592	GORDON	POTGIETER	NEDBANK	M	48	45-49M	1.12.09	1
693	456	2029	WINSLOW	BOUWER	DESPATCH	M	35	35-39M	1.12.14	1
694	59	93	STEPHANIE	HAY	INFINITY	F	63	60-64F	1.12.14	1
695	857	1960	ERICA	ERASMUS	BLUEBAY	F	49	45-49F	1.12.17	1
696	648	9648	MELANIE	MCLEAN	TEMP	F	34	SF	1.12.18	0
697	653	9653	VASTI	WOLMARANS	TEMP	F	39	35-39F	1.12.24	0
698	165	8165	MARK	ERLANK	TEMP	M	45	45-49M	1.12.24	0
699	894	218	MZIKAZI	MHLATHI	CSEP	F	40	40-44F	1.12.25	1
700	28	1560	SAM	ERASMUS	NEDBANK	M	59	55-59M	1.12.26	1
701	214	8214	JOSHUA	VAN DYK	TEMP	M	59	55-59M	1.12.46	0
702	122	748	MELISSA	POTGIETER	CRUSADE	F	33	SF	1.12.53	1
703	434	1266	DAVID	CHENGWE	VWAC	M	41	40-44M	1.12.57	1
704	42	1435	MICHAEL	FLYNN	NEDBANK	M	54	50-54M	1.12.59	1
705	581	1954	NWABISA	MSUTHWANA	BLUEBAY	F	38	35-39F	1.13.00	1
706	860	1815	ASHLEY	JOSEPH	GELVAN	M	46	45-49M	1.13.06	1
707	693	9693	ROSLYN	SMIT	TEMP	F	29	SF	1.13.08	0
708	692	9692	JACQUES	VAN ZYL	TEMP	M	29	SM	1.13.13	0
709	391	469	TARYN	FERREIRA	WALMER	F	38	35-39F	1.13.14	1
710	231	8231	CHERYL	KOEKEMOER	TEMP	F	49	45-49F	1.13.27	0
711	63	51551	MARUSHKA	INGRAM	ESKOM	F	39	35-39F	1.13.39	0
712	1048	9048	TEAGAN	WATKINS	TEMP	F	19	JF	1.13.40	0
713	238	8238	THEO	SCHOULTZ	TEMP	M	42	40-44M	1.13.44	0
714	239	8239	MARISKA	SCHOULTZ	TEMP	F	39	35-39F	1.13.48	0
715	412	1655	ANITA	COETZER	MADIBA	F	45	45-49F	1.13.48	1
716	209	8209	BELINDA	STUURMAN	TEMP	F	41	40-44F	1.13.57	0
717	450	436	NOSICELO	BIYANA	COEGA	F	42	40-44F	1.14.15	1
718	355	2766	LINDI	MEYER	SAPPE	F	45	45-49F	1.14.16	1
719	614	9614	LUCILLE	LANDMAN	TEMP	F	34	SF	1.14.29	0
720	137	2301	SIMON	STRIMLING	MADIBAZ	M	57	55-59M	1.14.29	1
721	524	1545	BERENICE	SMITH	NEDBANK	F	54	50-54F	1.14.33	1
722	321	988	NOLA	BEZUIDENHOUT	CHARLO	F	57	55-59F	1.14.52	1
723	826	955	CYRIL	PETERS	CHARLO	M	52	50-54M	1.14.58	1
724	301	500	ALAN	PENNEY	WALMER	M	72	70+M	1.15.03	1
725	707	1692	EZELLE	GERBER	MADIBA	F	48	45-49F	1.15.05	1
726	261	550	LIEZEL	WAIT	RUN4C	F	46	45-49F	1.15.07	1
727	859	647	CHANTEL	ROSS	ASPEN	F	42	40-44F	1.15.08	1
728	240	8240	CHRIS	SNYMAN	TEMP	M	35	35-39M	1.15.09	0
729	861	663	CLAUDIA	LANGSON	ASPEN	F	57	55-59F	1.15.10	1
730	109	2257	MADELEINE	NIENABER	MADIBAZ	F	25	SF	1.15.10	1
731	155	8155	SHELLEY	BUNCOMBE	TEMP	F	62	60-64F	1.15.11	0
732	225	8225	JEAN-MORNE	DU PREEZ	TEMP	M	35	35-39M	1.15.12	0
733	604	8604	CARLI	MUNRO	TEMP	F	18	JF	1.15.12	0
734	189	8189	NADIA	NIEMAND	TEMP	F	27	SF	1.15.14	0
735	195	8195	MONIQUE	POZYN	TEMP	F	21	SF	1.15.40	0
736	637	9637	BIANCA	OLIVIER	TEMP	F	31	SF	1.15.41	0
737	638	9638	MELANIE	SWANEPOEL	TEMP	F	43	40-44F	1.15.55	0
738	1038	9038	JUDY ANN	CIZEK	TEMP	F	26	SF	1.15.55	0
739	29	90	GLORIA	ESAU	INFINITY	F	49	45-49F	1.16.38	1
740	577	2072	LIEZEL	LERM	DESPATCH	F	48	45-49F	1.16.40	1
741	596	2800	MAVIS	MBELE	SAPPE	F	58	55-59F	1.16.48	1
742	872	1347	ANDISWA	NCEZULA	NEDBANK	F	35	35-39F	1.16.51	1
743	153	8153	ESTHER	BOTHA	TEMP	F	59	55-59F	1.16.55	0
744	1028	9028	RICHARD	SMART	TEMP	M	25	SM	1.17.00	0
745	272	1105	ROBIN	CLARK	ACH	M	78	70+M	1.17.02	1
746	599	51240	JO-ANNE	LEO	MERCEDEZ	F	34	SF	1.17.17	0
747	263	209	ANNA	WELGEMOED	CSEP	F	50	50-54F	1.17.26	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
748	185	8185	AMANDA	MANTUNTLE	TEMP	F	41	40-44F	1.17.41	0
749	437	1368	CLARISSA	BENDER	NEDBANK	F	46	45-49F	1.17.47	1
750	47	569	PIETER	GERBER	RUN4C	M	60	60-64M	1.17.55	1
751	119	1970	ROZANNE	PIETERSE	BLUEBAY	F	26	SF	1.17.57	1
752	336	972	MELISSA	IRELAND	CHARLO	F	29	SF	1.18.00	1
753	182	8182	MEGAN	LONG	TEMP	F	34	SF	1.18.03	0
754	186	8186	GAIL	MARKUS	TEMP	F	34	SF	1.18.10	0
755	166	8166	NINA	ESSELAAR	TEMP	F	36	35-39F	1.18.11	0
756	210	8210	MADELE	TAIT	TEMP	F	52	50-54F	1.18.11	0
757	851	2981	PUMEZA	MANONA	SPAREC	F	44	40-44F	1.18.13	1
758	247	8247	DEBBIE	HILTON	TEMP	F	47	45-49F	1.18.24	0
759	66	1297	CLIFFORD	JONAS	VWAC	M	56	55-59M	1.18.25	1
760	817	851	LIEZL	HIGGS	CHARLO	F	46	45-49F	1.18.38	1
761	1029	9029	ZAANRI	SHARP	TEMP	F	23	SF	1.18.42	0
762	844	3202	ANDISWA	JAFTA	NMBMUN	F	27	SF	1.18.53	1
763	322	966	SONJA	BOSCH	CHARLO	F	56	55-59F	1.18.56	1
764	1026	9026	MARILYN	MULLER	TEMP	F	47	45-49F	1.18.58	0
765	358	2190	ROCHELLE	THORNE	BESTMED	F	49	45-49F	1.18.59	0
766	663	9663	MELISA	VANTO	TEMP	F	44	40-44F	1.19.00	0
767	527	1703	GODFREY	KARIEM	GELVAN	M	78	70+M	1.19.03	1
768	104	1345	ELMARIE	NEL	INFINITY	F	70	70+F	1.19.06	1
769	602	8602	AZILLE	KRUGER	TEMP	F	31	SF	1.19.06	0
770	368	1206	SHEREE	GOUWS	MADIBA	F	26	SF	1.19.13	1
771	167	8167	LYNN	FUTCHER	TEMP	F	53	50-54F	1.19.13	0
772	587	2025	ELAINE	GARDNER	DESPATCH	F	46	45-49F	1.19.16	1
773	1010	9010	ROBERT	GARDNER	TEMP	M	43	40-44M	1.19.30	0
774	126	1955	VICKI	REYNOLDS	BLUEBAY	F	55	55-59F	1.19.30	1
775	70	3331	CLARISHKA	KAPP	RUN4C	F	31	SF	1.19.33	1
776	570	804	MELLISSA	PEYPER	CRUSADE	F	31	SF	1.19.35	1
777	682	8682	ROSEMARY	KILIAN	TEMP	F	46	45-49F	1.19.54	0
778	419	1344	BRENDA	SCHOLTZ	INFINITY	F	53	50-54F	1.20.00	1
779	867	2281	AYANDA	DLULA	MADIBAZ	F	24	SF	1.20.02	1
780	171	8171	MARILYN	JACOBS	TEMP	F	49	45-49F	1.20.10	0
781	172	8172	CLAUDE	JACOBS	TEMP	M	45	45-49M	1.20.15	0
782	560	1495	GLENDA	MEYER	NEDBANK	F	49	45-49F	1.20.16	1
783	489	321	TIMOTHY	EMMERSON	MUIRITE	M	59	55-59M	1.20.17	1
784	158	8158	LINDI	COETZEE	TEMP	F	51	50-54F	1.20.34	0
785	487	783	NDILEKA	THOMPSON	CRUSADE	F	41	40-44F	1.20.38	1
786	58	1434	DIANNE	HARTZENBERG	NEDBANK	F	60	60-64F	1.20.40	1
787	866	2921	PUMEZA	KETSHENGANA	TPTACEP	F	37	35-39F	1.20.43	1
788	583	1487	SHELDINE	SEPTOE	NEDBANK	F	57	55-59F	1.21.11	1
789	822	842	EDITH	MAC GEAR	CHARLO	F	51	50-54F	1.21.12	1
790	388	1091	COURTNEIGH	GRUNDLINGH	ACH	F	27	SF	1.21.12	1
791	1004	9004	NICOLA	WATTRUS	TEMP	F	36	35-39F	1.21.13	0
792	212	8212	ARINDA	VAN DER LINDE	TEMP	F	29	SF	1.21.13	0
793	9	116	RITA	BOUCHER	INFINITY	F	68	65-69F	1.21.40	1
794	96	1272	KAYLEIGH	MCRAE	VWAC	F	24	SF	1.22.17	1
795	163	8163	HEIDI	DOUGLAS	TEMP	F	58	55-59F	1.22.30	0
796	169	8169	ANEL	GRIMES	NEDBANK	F	55	55-59F	1.22.36	1
797	579	2637	BUYISWA	MSIZI-SARAME	NMBMUN	F	51	50-54F	1.22.37	1
798	121	495	SHARON	POTGIETER	WALMER	F	54	50-54F	1.23.19	1
799	649	9649	NENEKAZI	SONGXABA	TEMP	F	37	35-39F	1.23.59	0
800	572	478	ERICA	THOMPSON	WALMER	F	59	55-59F	1.24.11	1
801	837	962	MILE	VERMAAK	CHARLO	F	52	50-54F	1.24.18	1
802	880	2672	KENEOU	KOLOI	BIGHOUSE	F	48	45-49F	1.24.21	1
803	49	567	RITA	GERBER	RUN4C	F	58	55-59F	1.24.54	1
804	405	1408	VUYOKAZI	MAQUBELA	NEDBANK	F	38	35-39F	1.24.58	1
805	157	8157	SUE	CLARK	TEMP	F	61	60-64F	1.25.00	0
806	159	8159	ELMA	COLSON	TEMP	F	58	55-59F	1.25.16	0
807	265	1204	JACQUI	WIGHTMAN	MADIBA	F	45	45-49F	1.25.18	1
808	220	8220	BRENDA-LEE	WEST	TEMP	F	47	45-49F	1.25.20	0
809	198	8198	DANIELEA	ROBERTS	TEMP	F	44	40-44F	1.25.21	0
810	232	8232	TENIELE	MARTIN	TEMP	F	38	35-39F	1.25.29	0
811	678	6378	NICKY	BOTHA	TEMP	F	48	45-49F	1.25.39	0
812	615	8615	LONDEKA	KHUMALO	TEMP	F	34	SF	1.25.45	0
813	453	438	ZENANI	FUNDANI	COEGA	F	38	35-39F	1.25.47	1
814	201	8201	CAROL	ROYLE	TEMP	F	55	55-59F	1.25.52	0
815	852	377	ZOLEKA	FULANI	IKHAMVA	F	29	SF	1.26.13	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
816	888	371	SANDISE	SITUNDA	IKHAMVA	F	36	35-39F	1.26.27	1
817	697	9697	SIMONEY	CLARKE	TEMP	F	28	SF	1.27.16	0
818	5	1249	RINA	BARNARD	ELITEAC	F	65	65-69F	1.27.25	1
819	367	435	PHILISA	NDZAMELA-QABA	COEGA	F	39	35-39F	1.27.47	1
820	248	8248	RODNEY	THORNE	TEMP	M	49	45-49M	1.28.23	0
821	603	8603	FA-EEZ	DELJION	TEMP	M	46	45-49M	1.28.24	0
822	732	2014	AMORE	GOUWS	DESPATCH	F	26	SF	1.28.32	1
823	84	2914	NOMFUNDO	LUBAMBO	BIGHOUSE	F	50	50-54F	1.28.43	1
824	154	8154	JILIAN	BOTT	TEMP	F	49	45-49F	1.28.51	0
825	759	119	ANGELINE	KIVEDO	INFINITY	F	73	70+F	1.28.54	1
826	668	6668	VUYOLWETHU	QUPE	TEMP	F	44	40-44F	1.29.05	0
827	669	9669	NALEDI	KOMSANA	TEMP	F	30	SF	1.29.05	0
828	24	297	MARIE	DELPORT	MUIRITE	F	63	60-64F	1.29.10	1
829	490	578	ALETTA	FOURIE	RUN4C	F	80	70+F	1.29.11	1
830	1040	9040	SIPHOKAZI	TYUMRE	TEMP	F	34	SF	1.29.25	0
831	192	8192	LAUREN	OOSTHUIZEN	TEMP	F	58	55-59F	1.29.50	0
832	46	60	LEE-ANN	GARDNER	PEAAC	F	56	55-59F	1.30.55	1
833	57	1555	DOROTHY	HART	NEDBANK	F	81	70+F	1.30.56	1
834	100	2897	SYDNEY	MNQUMEVY	BIGHOUSE	M	54	50-54M	1.31.00	1
835	454	2269	THEMBI	KLAAS	MADIBAZ	M	43	40-44M	1.31.35	1
836	237	8237	JAN	RENKE	TEMP	M	46	45-49M	1.31.36	0
837	869	1330	XOLANI	MGIJIMA	VWAC	M	36	35-39M	1.32.11	1
838	56	216	SUNET	HARRIS	CSEP	F	46	45-49F	1.33.02	1
839	534	275	JONEL	VORSTER	MUIRITE	F	29	SF	1.33.02	1
840	473	2067	HENDRINA	CLAASSEN	DESPATCH	F	62	60-64F	1.33.42	1
841	215	8215	WAYNE	VAN ZYL	TEMP	M	26	SM	1.34.22	0
842	471	559	SILVIA	JONCK	RUN4C	F	58	55-59F	1.34.32	1
843	796	961	LARA	VAN HEERDEN	CHARLO	F	43	40-44F	1.34.39	1
844	664	9664	CRYSTAL	WATSON	TEMP	F	70	70+F	1.34.39	0
845	304	2381	VAL	SANDOW	PROFILES	F	73	70+F	1.34.41	1
846	30	462	ELEANOR	EVERTON	WALMER	F	65	65-69F	1.40.06	0
847	10	1343	ANDRIES	BOUCHER	INFINITY	M	70	70+M	1.42.17	0
848	2238	92238	DINIWE	SIWA	TEMP	F	62	60-64F	1.45.28	0
<b>HELPERS RUN</b>										
H1	960	3330	RAWLINGS	DUBE	ADVEN	M	35	35-39M	0.38.44	4
H2	961	625	ROBIN	LAKE	ASPEN	M	29	SM	0.47.19	2
H3	962	34	ROBERT	RIETMULLER	PEAAC	M	63	60-64M	0.49.27	3
H4	963	2057	LESLEY-ANN	BUSH	DESPATCH	F	46	45-49F	0.49.40	2
H5	964	2022	NEEVRA	BELLINGAN	DESPATCH	F	32	SF	0.49.40	2
H6	965	3279	MAXHOBA	BUWA	ADVEN	M	40	40-44M	0.50.12	2
H7	966	84	LANCE	PETERSEN	PEAAC	M	46	45-49M	0.50.25	2
H8	967	3251	MELUSI	SIBANDA	ADVEN	M	38	35-39M	0.51.20	1
H9	968	634	JO-ANNE	FORSON	ASPEN	F	31	SF	0.51.45	2
H10	969	658	DAVID	NEL	ASPEN	M	31	SM	0.53.18	1
H11	970	1468	CHRISTEL	SMITH	NEDBANK	F	46	45-49F	0.55.26	1
H12	971	22	MICHELLE	MEYER	PEAAC	F	39	35-39F	0.56.05	1
H13	972	13	REGARDT	STRYDOM	PEAAC	M	38	35-39M	0.57.20	1
H14	973	622	YVETTE	DE VILLIERS	ASPEN	F	33	SF	0.57.24	1
H15	974	36	SHANE	SAUNDERS	PEAAC	M	51	50-54M	0.58.01	1
H16	975	1157	GEOFF	ROBERTS	ACH	M	67	65-69M	0.58.06	1
H17	976	2037	ANIZE	GERBER	DESPATCH	F	46	45-49F	0.59.01	1
H18	977	2059	YVETTE	JONKER	DESPATCH	F	47	45-49F	0.59.01	1
H19	978	2090	MARISKA	OLIVIER	DESPATCH	F	31	SF	0.59.01	1
H20	979	76	RENIER	VAN VUUREN	PEAAC	M	62	60-64M	0.59.10	1
H21	980	2052	JHANINEN	BOSHOFF	DESPATCH	F	53	50-54F	0.59.23	1
H22	981	3254	SBONGILE	MCETYWA	ADVEN	M	39	35-39M	0.59.31	1
H23	982	2079	WILLIE	BOSHOFF	DESPATCH	M	58	55-59M	0.59.59	1
H24	983	872	BIANCA	WELGEMOED	CHARLO	F	40	40-44F	1.00.39	1
H25	984	38	MIKE	HANLEY	PEAAC	M	69	65-69M	1.00.39	1
H26	985	32	LANCE	SHORTT	PEAAC	M	67	65-69M	1.01.01	1
H27	986	541	BEVERLEY	VILJOEN	RUN4C	F	48	45-49F	1.02.00	1
H28	987	2783	JACQUES	VORSTER	SAPPE	M	53	50-54M	1.02.01	1
H29	988	2778	MICHAEL	DEKKER	SAPPE	M	46	45-49M	1.02.27	1
H30	989	3286	ELVIS	MKALIPI	ADVEN	M	35	35-39M	1.06.06	1
H31	990	1118	RODNEY	MAGGOTT	ACH	M	61	60-64M	1.06.24	1
H32	991	929	ANUSHA	NAIDU	CHARLO	F	52	50-54F	1.06.38	1
H33	992	629	ANGIE	GOMES	ASPEN	F	33	SF	1.07.02	1
H34	993	334	NEIL	GROBLER	MUIRITE	M	59	55-59M	1.07.03	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H35	994	943	DENISE	DARLOW	CHARLO	F	50	50-54F	1.07.05	1
H36	995	3265	ZOLISA	ONDALA	ADVEN	F	47	45-49F	1.07.07	1
H37	996	3316	ALYCIA	LANGLEY	RUN4C	F	25	SF	1.07.45	1
H38	997	630	NATASHA	CARMODY	ASPEN	F	31	SF	1.09.40	1
H39	998	7	KEVIN	BENADE	PEAAC	M	50	50-54M	1.10.00	1
H40	999	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	50	50-54F	1.10.03	1
H41	1000	2777	HESTER	DEKKER	SAPPE	F	47	45-49F	1.10.20	1
H42	1056	2038	JORLINA	BOTHA	DESPATCH	F	48	45-49F	1.10.37	1
H43	1057	1962	ANDRE	PIENAAR	BLUEBAY	M	56	55-59M	1.11.59	1
H44	1058	78	JEANETTE	PIENAAR	PEAAC	F	71	70+F	1.12.42	1
H45	1059	91	RAYNE-MARSELLES	ESAU	INFINITY	M	19	SM	1.18.40	1
H46	1060	28	ELMARIE	HARMSE	PEAAC	F	50	50-54F	1.25.00	1
H47	1061	3285	VUYISEKA	MKALIPI	ADVEN	F	33	SF	1.25.40	1
H48	1062	1248	CHARLENE	DE CONING	ELITEAC	F	54	50-54F	1.25.55	1
H49	1063	1364	ALTA	VAN WYK	NEDBANK	F	49	45-49F	1.25.55	1
H50	1064	20	BRIAN	SMITH	PEAAC	M	76	70+M	1.28.30	1